

Tuesday 30th June

Theme - 'transition'

Step 1 - "...transition..."

Watch the video clip - New Hovis ad depicting the last 122 years

<https://safeYouTube.net/w/Lu4j>

Discussion Points - Now that you have watched the videos, let's think about what we have seen. Here are some questions to really focus your thinking. Talk about them together.

<p>Why is it important to learn about history?</p> <p>What can events from the past teach us?</p>		<p>Ask an older member of your family, or your teacher about what school was like for them.</p> <p>How is it similar or different to your experience of school?</p>
<p>How is the boy's life different at the end of the video?</p>	<p>Do you think change is exciting or difficult? Or both?</p>	<p>List the different events you saw in the video.</p>

English task

Tasks -Early Years

How have you changed over time? What can you do now that you could not do as a baby? What could you not do last year that you can now?

Nursery: Discuss with an adult how you have changed. You could record yourself explaining how you've changed and upload it to Seesaw.

Reception: Write sentences explaining how you have changed.

When I was a baby I couldn't _____.

Last year I couldn't _____.

Tasks - Key Stage 1

Things are changing all of the time. Even in the past few months, the way we learn has changed and everyday things feel different in comparison to how things used to be.

Before the virus, you came to school with your friends every day and did your lessons, had break times and lunchtimes and went home again. Now lots of you are working at home and some of you are working in school, but things are still very different.

I want you to think about what you hope school will be like after the summer holidays, in September.

What do you want school to be like?

What things do you think might change to help everyone stay safe; for example we might wash our hands more?

What things have you missed that you really can't wait to do again?

Write a message to send to your new teacher. Tell them how excited you are to meet them and the things you are looking forward to. Is there anything you are a little bit worried about? Tell them. Is there anything you think you are really good at? Tell them. Is there anything you really want to do? Tell them that too.

Post your message on seesaw; you don't need to write it and take a photo, you could type a note straight onto seesaw. Your message can be shared with your new teacher when we know who that'll be.

Tasks - Lower Key Stage 2

Today read the task for Key Stage 1. Think about the questions. Using your answers, write a letter to your new teacher. Telling them all the things detailed above and anything else you feel they should know.

You can either keep your letter so that you can give it to your new teacher when you know who it will be or you can post it on Seesaw. If it is posted on Seesaw it will be shared with them once we know who it will be.

Tasks - Upper Key Stage 2

Things are changing all the time. Sometimes changes happen over a long period of time, like overcoming the effects of a World War or how we use technology in our lives. However, sometimes things change very quickly, like the introduction of lockdown to stop the spread of Covid-19.

Throughout all of these changes happening in the world, we also change. We grow older, our interests and dislikes change, we become more mature, we learn new skills and we meet new people and make new friends.

Today you are going to write a letter to your future self, at 21 years old.

Start your letter with 'To 21 year old me,'

End your letter with 'From *your age* year old me'

After you have finished your letter, make sure you date it at the top.

Put it in a safe place or give it to an adult to look after for you, and **don't open it until you're 21!**

Think about:

- What hopes do you have for your future self?
- What have you learned through the lockdown experience that you want to remind your future self of? *Spending time with loved ones? Not taking things like meeting up with friends for granted? Being resilient? Being thankful for key workers?*
- What questions do you want to ask your future self? *Do you have a job? Are you studying at university? What causes are you passionate about? How are you helping others and protecting the planet?*
- What do you think life will be like? *Will we have robots instead of teachers? Or virtual reality holidays? Or people living on Mars?*

Ask your future self lots of questions and explain what you hope society will be like, but also what you hope your life will be like, so when you read it when you're 21 you can compare!

Maths task

Today's stimulus is all about Hovis bread. For your Maths task, you could make some bread. Read the recipe below. See if you can follow the instructions and accurately weigh out the ingredients.

You don't need to make bread, you could make scones, cakes etc. The idea is to get talking about how we measure things using different equipment for example a jug to measure liquid, scales to weigh ingredients and to use the correct units of measure (grams, millilitres, tea spoon, table spoon etc.)

Easy-bake bread



Ingredients

- 500g strong bread flour
- 7g sachet fast-action dried yeast
- 1 tsp salt
- 300ml hand-hot water
- 2 tbspsunflower oil
- 1 tbsphoney

Method

1. Tip the flour into a bowl and mix in the yeast with the salt. Stir in the water, oil and honey. Now bring together to make a soft dough – I use my hands, but a wooden spoon or knife from the cutlery drawer is fine. Tip onto a lightly floured surface and knead for 10 mins. It is worth putting in the time to do this as it will pay off later with lovely airy bread.
2. Don't keep adding flour, a wet dough is better than a dry one, which will bake to a tough texture, so if you don't like the dough sticking to your hands, lightly oil them. If you are adding flavourings, knead them in gently now.
3. Turn the dough into an oiled 1kg bread tin and cover with oiled cling film (or better still, a free unused shower cap from your last hotel stay!). Put in a warm place until the bread fills the tin, it should take between 1-2 hrs.
4. Uncover and bake your bread at 200C/180C fan/gas 6 for 30-35 mins until golden. Tip out of the tin and tap the base of the loaf. It should sound hollow when fully cooked. If not cooked, put loaf back in the oven out of the tin and test again after 10 mins. Cool.

If you can't bake anything, spend your time thinking about different ways we measure things and the units of measure we use including; weight (g/kg), temperature, length (cm/m), capacity (ml,l) etc. Make a poster to show how we measure different things.

Well-being task

Imagine how Harry Potter must have felt when the sorting hat was placed on his head. He would have been filled with mixed emotions. Meditation is a strategy used to help focus our breathing and our thoughts. Meditation can help us feel calm and support our concentration.

Here is a meditation tutorial, listen carefully to the instructions.

Go Noodle - Swirling

<https://family.gonoodle.com/activities/swirling>

Find more tutorials here:

Go Noodle - Meditation

<https://family.gonoodle.com/channels/flow>



Outdoor Learning

How does change make us feel? Do we notice changes? Try these activities.

Activity 1: Cross Your Arms

Find a comfortable space and cross your arms as if you are bored or waiting for something.

Hold for one minute.

Now fold your arms the other way.

How did that feel?

Did you struggle?

Hold again for one minute.

How did you cope with that change, did it feel comfortable? Did you have to really think about it?

When we are asked to change and fold them the other way, most of us have to stop and figure out the change.

Activity 2

We are going to experiment with making changes. You will need someone to join in with you who you feel comfortable with, an adult can take the lead.

Stand in pairs and face each other (2m distance).

One of you is going to study the other really closely for a while.

After one of you has studied the other person closely, that person is going to make some changes to their appearance. So remember, look really closely.

Next, turn your back on each other. The person who is going to look for the changes must close their eyes while they do this. If you are inside the person making the changes could leave the room.

Once the person has made the changes they tell the observer to open their eyes. Face each other again and see how many of the changes made are noticed.

How many changes did they make? Were all the changes seen?

Now change over.

Who can make the most changes?

Is it hard to change your appearance.

Creative Learning

Throughout our lives we see lots of changes happening around us. So far, 2020 has been an interesting, at times a very strange year. Create a piece of artwork to represent what 2020 has meant for you. Follow these steps:

1. Think of 5-10 objects that represent different things that have happened this year for you. Here are some examples:
Rainbow for the NHS
Heart to represent family
Star for star achiever award or a personal best
Football for winning a match
Paintbrush for enjoying art
The cover of a book you have enjoyed
A tree for spending more time outdoors
2. Write 2020 in big writing in the middle of your page
3. Draw the objects all together around '2020'
4. Colour them in!

