

Wednesday 10th June

Step 1 - "...mistakes are your best lesson'..."

Watch this short video

<https://www.youtube.com/watch?v=QHZbIHwAfIM>



Discussion Points - Now that you have watched the short film, let's think about what we have seen. Here are some questions to really focus your thinking. Talk about them together.

What will you do to challenge yourself today?

How did the girl's mindset differ to the boy's?

What should the girl have done so the rocket didn't spill over?



Can you think of a time when you found something difficult and you didn't give up?

English task

Tasks - Early Years

Design your own rocket. What will it need? Where will it go? Label the materials you will need. After designing why not build your own rocket, we would love to see pictures on Seesaw!

Tasks - Key Stage 1

Make a growth mindset poster to share with your friends. Remember in class we have the mouse and the Gruffalo. Can you think of new characters? What would they say? Think about when you get stuck, what helps you keep trying? How do you feel when you manage to complete a challenge?

Take a photo and upload it to seesaw to share with your friends.

Tasks - Lower Key Stage 2

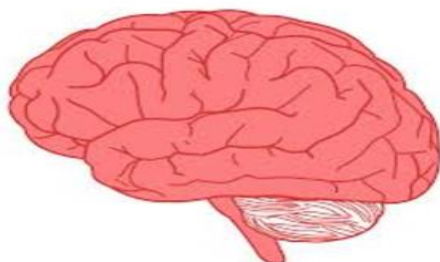
Watch this video.

Your Fantastic Elastic Brain READ ALOUD! ~ Stem for Kids

<https://www.youtube.com/watch?v=8QSPfnQCIY0>

Think of a time when you thought your brain was not elastic (a time when you gave up) what did you do to make your brain elastic and adopt a growth mindset? Perhaps you thought I will never be able to do the bus stop method for division, to swim, ride a bike or do, kicky ups with a football but eventually you did. Draw a poster and give an explanation all the times you have shown you have 'an elastic brain' and how you felt when you achieved success.

My Fantastic Elastic Brain



Tasks - Upper Key Stage 2

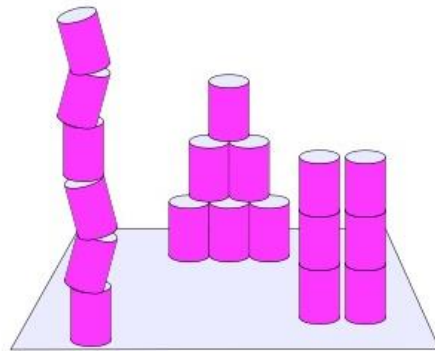
Imagine there is going to be a school assembly all about growth mindset, and you are asked to perform a speech to inspire the children in school to believe in themselves and show resilience when faced with challenges and doubts.

For part of your speech you need to talk about a personal experience when you have adopted a growth mindset to overcome a challenge. A real, personal story used in a speech or text is called an anecdote, its purpose is often to create an emotional or sympathetic response. An anecdote is usually used to help support a persuasive argument that the writer is putting forward.

Plan before you write

Plan the structure of your speech using bullet points under these headings: **opening statement** (strong, powerful, purpose of speech), **1st paragraph** (what is growth mindset, why is it important), **2nd paragraph** (anecdote, how has growth mindset helped you), **closing statement** (inspirational, encouraging, emphasise main points).

Maths task- Baked beans challenge



This challenge is all about cans or tins- the kind you buy baked beans or soup in.

Is there a best way to stack the cans?

What do different supermarkets do? Can you explain why they might stack the cans in that way?

How high can you safely stack the cans in your house? Does the size or the shape impact how well they stack?

What else could effect how well the cans stack e.g. Weight?

Can you make your own problems using the cans? You could explore which can rolls the quickest/slowest, you could order the cans by weight or size, you could order them by sell by date, etc. Let us know what problems you made and solved by sending us a photo on seesaw.

Wellbeing task

We're dealing with lots of changes right now. Here's an activity to encourage you to think about the positive and negative sides of change. Create your own table using A3 paper below are some examples.

Positive Changes

I can spend more time playing with mum

I don't have to get up early to go to school

I can spend more time with my family

I don't have to wear school uniform

I don't have to eat school meals

Negative Changes

I can't play football in the park

I miss my teacher

I can't hug my Grandma

I miss my friends

I can't go to school

Outdoor learning

Think of your outdoor fitness sequence from yesterday.

Which exercises did you choose?

Today try some of those you did not like or thought you could not do. Put those into your exercise sequence today.

Maybe try to do more of a particular exercise than you did yesterday.

Can you think of some different things you could add today?

Have an 'elastic brain' believe you can do it.

Creative Learning

Create your own personal growth mindset tree.

Draw around your hand and wrist for the trunk and branches.

Add the leaves and in each leaf write something you are good at or one of your unique strengths.

For example: caring, kind, athletic, creative, thoughtful, friendly.

Remember to make this all about YOU. Think carefully about what you are good at and what your unique strengths are before starting to write!

Stick this up somewhere at home where you will see it often to inspire you to have a go and learn from mistakes.

