

Tuesday 9th June

Theme - 'confront your fears and take a chance, mistakes are your best lesson'

Step 1 - Confront your fears and take a chance

Have a look at the picture below titled 'The Invasion'. What can you see in the picture?



Discussion Points - Now that you have seen the picture and you know the title, let's think about it. Here are some questions to really focus your thinking. Talk about them together.

Who/what are these things that are approaching?	How many of them do you think there are?	Who is the character telling the story?
Are the people right to be wary?		Who is the character telling the story?
Do you think the new arrivals mean harm or do they come in peace?	Where have they come from?	Who controls the airships?

English task

Tasks -Early Years

Can you design your own giant robot? It could be friendly/helpful, or it could be evil and wicked!

Reception- You could think of some adjectives to describe your robot.

Tasks - Key Stage 1

Describe the picture. Think about and answer these questions;

What can you see?

What is happening?

Now make a prediction- what do you think will happen next?

Key Stage 2 - Read this story starter:

Many years ago, when I was just a small boy, we found a mysterious object washed up on the beach. It was a sort of silver-grey colour, and looked like a finger, only much, much larger.

My friends and I had huddled together on the beach around the thing, holding our hands up to our faces to shield our eyes from the dazzling sun, talking excitedly about what it could be. Some hours later, after we had all made up wild stories about the origin of our new toy, we dragged the colossal item that was the size of our dining table up to the village.

As we made our way slowly over the sand dunes, and the long, wispy grass that marked the end of the beach and the start of the fields, a crowd seemed to be gathering. Women and young children were leaving their houses, young lads were leaving tools and ploughs unattended in the fields, and rosy-cheeked men were stumbling out of the smoke-filled tavern, all hurrying with increasing urgency towards us.

Over the next days, weeks, months and years, stories were told of how our land was in danger from some kind of threat. There was fretful talk of giants, and frantic warnings about unearthly automatons come to take our lands from us. For years, people had looked over their shoulders, fearful that they were being watched, fearful that something unexpected and terrible was about to occur. For years, unsatisfied farmers had complained about their disappointing harvests, prophesising that the end of the world was near!

Of course, none of us believed them, and none of us thought anything as sinister as the end of the world was just around the corner. But, we did seem to know in our heart of hearts that something was amiss. Something wasn't quite right...

15 Years later...

I stand on the edge of my lands, grasping my spear firmly in my steady hands. A determined grimace spreads across my face. This is the moment we had all feared. All feared, but never dared to take seriously. Well, now we would have to take it seriously. We would have to take them seriously. They had arrived...

Tasks - Lower Key Stage 2

You are going to do a think aloud:

Firstly, underline any words you do not understand. Then find out what they mean; you could ask an adult, use a dictionary etc.

Make a list of any questions that come into your head as you are reading which would help you learn more about what is happening.

Now, draw the picture in your head. What do you visualise when you read the text?

You could label your picture with parts of the text you have included.

Tasks - Upper Key Stage 2

Write the blurb for the story. To be able to do this you'll need to think about what you think happens in the story. Remember a blurb has to be precise and exciting, in order to capture the reader's attention and make them want to invest their time in reading the entire story.

Maths task

Build a Lighthouse

Using junk modelling materials, Lego, blocks etc. build a lighthouse. Name and describe the shapes you use and their properties (vertices, edges, faces). Can you spot any lines of symmetry?



Measure how tall your lighthouse is.

Could you make it taller?

What might happen to the strength of the structure if you make it taller?



Well-being task

Colouring and drawing can be very relaxing.

Create your own mindful colouring doodle and use lots of different colours to colour it.

Outdoor Learning

You would have to be really strong to be a warrior and confront your fears . These exercises will help you keep strong, fit and healthy

Go outside, find a space. Within your own space, try each of these ideas and then using some of your favourites practice them and make up your own fitness sequence. You may need someone to demonstrate them for you.

Run: Run on the spot for 30 seconds.

Burpees: From standing, squat down, place your hands on the ground, and jump your feet back into a plank position. Lower body to the floor for a push-up. Push back up to plank. Hop feet back in and stand up.

Calf raises: From standing, lift up onto your tiptoes and hold, then lower

Crab walks: Sit with your knees bent and feet flat on the ground; place palms on the ground behind you. Lift hips a few inches and walk forward on your hands and feet like a crab, then walk backward.

Crab toe touches: From your crab position, lift left leg and right arm and try to touch your toes. Lower and repeat on the other side.

Hip bridges: Lie on your back with knees bent and feet flat on the ground; rest arms by sides. Press feet firmly down as you slowly lift your hips off the ground; hold for a few counts, then lower.

Inchworms: Bend forward at the hips and place hands on the ground with knees slightly bent, then walk them forward until you're in a plank position. Now walk feet in to meet your hands and stand back up.

Planks: Lie on the ground on your belly, chest lifted off ground. Flex your feet (toes on the floor), engage legs, and lift body up, balancing on forearms and toes. Keep entire body strong and butt in line with shoulders and heels. Hold.

Side leg raises: Lie on one side, with your feet and hips stacked; prop yourself up on your forearm. Align shoulder over elbow. Lift your top leg straight up, keeping foot parallel with the ground and flexing your toes; pause at top, then lower.

Squat jumps: Stand with your feet hip- width apart, bend your knees, and squat your butt back and down, then jump straight up in the air, and land back down in the squat with knees bent.

Supermans: Lie face down, with your arms and legs extended. Slowly lift your arms and legs off the ground as high as you can; keep the neck relaxed and look down at the ground. Hold, then lower.

Balancing: balance on one leg for as long as you can, then try on the other leg.

Creative Learning

The ocean is incredibly beautiful and magnificent, and we need to protect it, but it can also be dangerous and scary.

One of the most famous pieces of art about the ocean is called *The Great Wave of Kanagawa* by the Japanese artist, Katsushika Hokusai.



This artwork shows how beautiful and dangerous the ocean is at the same time.

Recreate this famous artwork by making a collage using different materials such as paper, plastic, card, foil, fabric, felt, etc.

You could even use recycled materials like food wrappers to highlight the problem of plastic in the ocean and encourage people to recycle.

When creating your collage focus on the different shades of blue and the curve of the wave.