

## Thursday 25th June

Theme - ' You are capable of changing a situation, become an explorer of tomorrow '

### Step 2 - "...become an explorer of tomorrow"

Have a look at this picture:



**Discussion Points** - Now that you have watched the picture, let's think about what we have seen. Here are some questions to really focus your thinking. Talk about them together.

Have a look at the picture. Look really closely. What can you see?

What period of time has the artist tried to recreate?	Where in the world are they? What makes you think that?	What emotions can you see on the oarsmen's faces?
Where in the world are they? What makes you think that?	Why is there a baby in the back? How do you think the baby feels? Is the baby safe?	Why is the woman looking back to the shore?

# English task

## Tasks -Early Years

Can you draw what the explorers are hoping they will discover on their adventure?

Reception- You could write a sentence 'I think they will find ....'

## Tasks - Key Stage 1

Sick sentences:

These sentences are 'sick' and need your help to get better. Can you help?

the men dug their oars into the sea. The boat moved forwards. The baby screamed.

Onomatopoeia is the creation of words that imitate natural sounds, such as swish and splash.

Is it possible to begin a sentence with an example of onomatopoeia ?

Can you end a sentence with an example of onomatopoeia?

What about trying to start and end a sentence with an example of onomatopoeia?

## Tasks - Lower Key Stage 2

Celebrating Black History for students: Learn about the life of Bessie Coleman (Educational Videos) <https://safeYouTube.net/w/owUK>



**Watch the video about this famous female explorer.**

Who was she? Where did she come from? What was her dream?

What did she have to do to become a pilot? Where did she study to become a pilot? What did she do once she became a pilot? Why is she famous?

## Tasks - Upper Key Stage 2

Story starter!

Swish...Once again the blade of his oar sliced through the azure waters, perfectly in rhythm with his partner's strokes.

So, the rumour had been proven true - there was new life on the islands of the mysterious Southern Hemisphere.

It was time; time to prepare for another invasion; time to seek out new lands; time to conquer. But first, they needed to navigate the boat to the safety of the open ocean...

Following on from the start of the story can you write the next chapter?

Think carefully about your choice of vocabulary as you continue to ensure you write in a similar tone.

## Maths task

Bridge building challenge.

Using paper and tape only, can you make a bridge to go across two points. You could use the space from your table to your chair. Your bridge needs to be strong enough to hold an object in the middle.



Think about how to make your bridge stronger.

How many objects can your bridge hold before breaking?

What was the total weight of the objects that your bridge could hold?

# Well-being task



YOUTH SPORT TRUST

NATIONAL SCHOOL SPORT WEEK 2020

AT HOME

supercharged by sky sports

Saturday 20 – Friday 26 June

#NSSWtogether

“Sport is an absolutely incredible thing for so many reasons, but above all for living a happy and healthy lifestyle! As you have signed up to the National School Sport Week at Home you clearly agree with me and I would just like to say good luck with everything this week, learn, make friends (even if it is socially distanced friends) but most of all, have fun!” Max Litchfield - swimming

Take a look at the challenge card and choose an activity. You can create your own orienteering treasure hunt or test your core strength by moving objects using different body parts.



YOUTH SPORT TRUST

## Adventure Sports

sky sports

Consider the five ways to wellbeing throughout your chosen activity:

- Find new trails to explore and set yourself a personal challenge to beat
- Get ready for an adventure. Use your chosen event to explore what is around you. Try something new together
- Share your experiences with others. Involve your family, friends and neighbours in your activities
- Take notice of your environment. Use this as an opportunity to learn more about your surroundings
- Challenge yourself to learn more about your limits and find creative ways to improve

**Choose** > **Challenge** > **Capture**

**Choose** your event, these are just a few ideas:

- Race across the river** - using only two flat objects can you cross the river without touching the floor? Challenge yourself to find new ways to move, can you get faster?
- Orienteering challenge** - create an orienteering treasure hunt in your own home or local surroundings. Can you make the challenge more difficult by hiding items that spell out a hidden word?
- Swipe and swap** - how good are you at moving objects with different parts of your body? This is a great activity for core stability and balance. Can you challenge yourself to beat your personal best in three attempts?
- Horizontal climbing** - don't need to climb the side of your house for this one! Just use socks and gloves and remember to maintain three points of contact!
- Go for a bike ride** - find a new route, challenge yourself to cycle further or faster in a time trial. Stay safe and take notice of your environment.

**Challenge** yourself, your family, your friends:

- Creativity is key, challenge yourself to set up exciting routes and give them a try.
- Time yourself from start to finish, then try to improve your time.
- Find new creative ways to move, test your limits to improve.

**Capture** it, create memories and celebrate. Why not...

- Go outdoors and find a new space to take part in your activity.
- Take pictures along your journey, can you find all the colours in the rainbow?
- Can you draw a map of the route you take on your journey?
- Create a journal or scrapbook about your week to capture these memories.

Take photos, videos and make memories. We would love to see them. #NSSWtogether

Sky Sports Scholar

**Max Litchfield, swimming**

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# Outdoor Learning

Read this poem. What do you think the poem is about and where do you think the author had seen the explorer?

## The Explorer

*An explorer lives in my garden.*

*She bravely voyages into the unknown,*

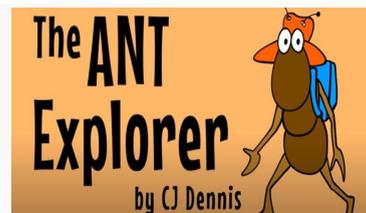
*discovering new territories*

*and charting unfamiliar terrains.*

*Until she gets scared*

*then she hides in her shell.*

Next watch this video.



The Ant Explorer - Rhyme for Kids - by CJ Dennis

<https://safeYouTube.net/w/nopL>

Both poems were written after someone closely watched the activities of creatures that live outside, exploring their world. Go outside and see if you can find an insect, mini beast or larger creature exploring their world. You may have to move a stone, look in, on or around plants and flowers, in the grass or look into the sky. If you cannot find an insect or mini-beast, remember that birds, cats and pets also enjoy exploring the world in a different way to us.

Once you find a creature, watch what it does. Sit and watch it for as long as you can. Where does it go? Which surfaces does it move along? Does it change speed or the way it moves? How does it react when you come along. Does it eat anything? Does it try and catch something?

Imagine you are that creature you could try to write your own poem or paragraph about exploring your world. Can you draw it? If you choose an ant - here is a video showing how to draw an ant step by step. Maybe there is a step by step video for the creature you choose.



<https://safeYouTube.net/w/1wpl>

How To Draw An Ant

# Creative Learning

Being an explorer is often about understanding the world better, and discovering the beauty in nature.

Andy Goldsworthy is a sculptor, photographer and environmentalist who is famous for creating sculptures using natural materials. Andy Goldsworthy's art is special because once he has created a sculpture and photographed it, he leaves it for others to enjoy. He only uses natural materials so he is not leaving any rubbish and damaging the environment.

It is a wonderful way to share art with others!

**Create your own Andy Goldsworthy sculpture using natural materials outside if you can, or bring natural materials indoors to create your art!**

**Take pictures and upload it to Seesaw!**

