



Hi, Mr Halliburton here!

Welcome to my

Early Years "Home/School  
Computing Activity"

"Internet Safety"

The following activities could be  
done either one each day or however  
is easiest for you.

I will post another challenge next  
week.

# Online Safety - Tips for parents and carers

The best way you can protect your child is to establish a positive relationship with them around their life online. Talk to them - not just once, but have ongoing conversations as part of your family life.

...can we  
talk?



## Talk to your child

- Find a good time and place
- Think about how you are going to introduce the subject
- Explain any worries you may have

## Listen. Don't judge. Learn...

- Where do they go online?
- What do they like?
- What don't they like?
- Make sure they know they can come to you

# Online Safety - Activity 1: Jessie and Friends

Find the Jessie & Friends cartoons at:

[www.thinkuknow.co.uk/parents/jessie-and-friends-videos/](http://www.thinkuknow.co.uk/parents/jessie-and-friends-videos/)

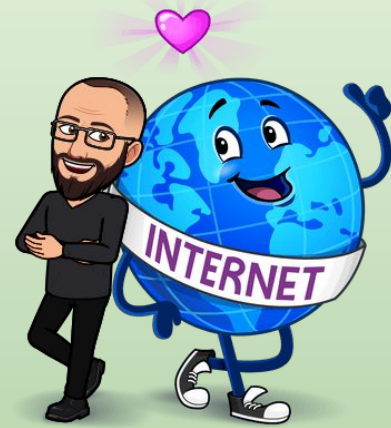
Watch Episode 1: Watching Videos with your child.

Use open questions to chat about the cartoon. For example:

- What did you think about the cartoon?
- Which were your favourite parts?
- How did Jessie feel when she watched 'The Funny Tummy' video?
- How did she feel when she watched 'The Happy Croccy' video?
- How did her feelings change?
- How did she get help to feel better?

Finish by having fun singing along together at the end!

[You can read the storybook version here](#)

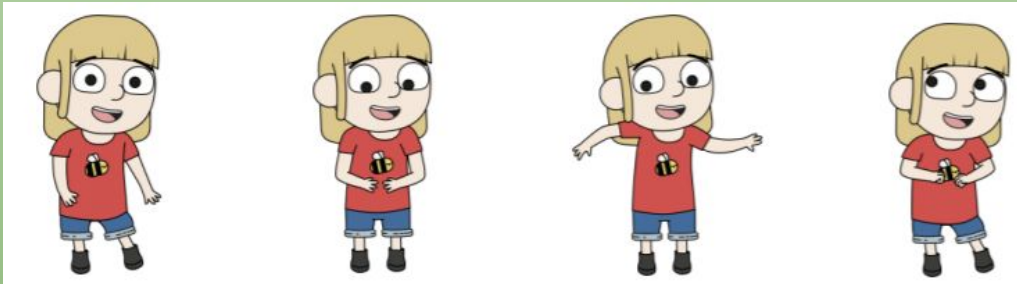


# Online Safety - Singing the song

Have a go at singing the Funny Tummy Song.

I have added some actions for the song on the next pages.

Why not video yourself singing the song and you could send it to your teacher on Seesaw?



## The Funny Tummy Song

Jessie and Friends Episode 1

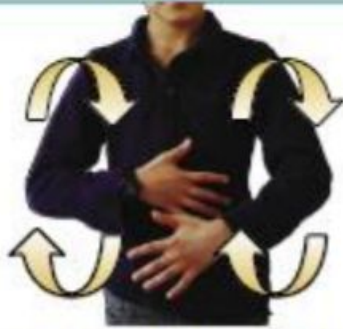
It's fun to play on your device  
So much to see and do  
Watching funny videos is really cool it's true  
Sometimes you might see something  
That makes you go 'Uh-oh'  
If you feel bad  
Put down the pad  
Here's what you need to know...

If it makes you feel funny  
In your tummy  
Worried, scared or sad  
Then you must  
Tell a grown up you trust  
Like a teacher or a mum or dad

If it makes you feel funny  
In your tummy  
That something's not OK  
It's not your fault  
Just tell an adult  
They'll help to make it go away.  
they'll help to make it go away

# Online Safety - Actions for the song part 1

Hands move in a circular motion around the stomach



If it makes you feel funny in your tummy

Hands move in a circular motion around the head



Worried

Clawed hand taps the chin



scared

Hand moves from the front of the face downwards to chest height



or sad

# Online Safety - Actions for the song part 2

Hand moves straight  
across body



Then you must\*

Hand moves outwards  
away from the face



tell

Hand moves up  
above the head



a grown up

Right hand moves  
down onto left palm



you trust

Fingers move from the  
head outwards



Like a teacher

3 fingers move up to and  
touch the forehead



or a mum

2 fingers cross over  
2 fingers on the other hand



or dad

# Online Safety - Activity 2: Jessie's Feelings

Watch Jessie & Friends Episode 1: 'Watching Videos' again - you'll find it at [www.thinkuknow.co.uk/parents/jessie-and-friends/](http://www.thinkuknow.co.uk/parents/jessie-and-friends/)

Explore with your child the topic of feelings. You might want to:

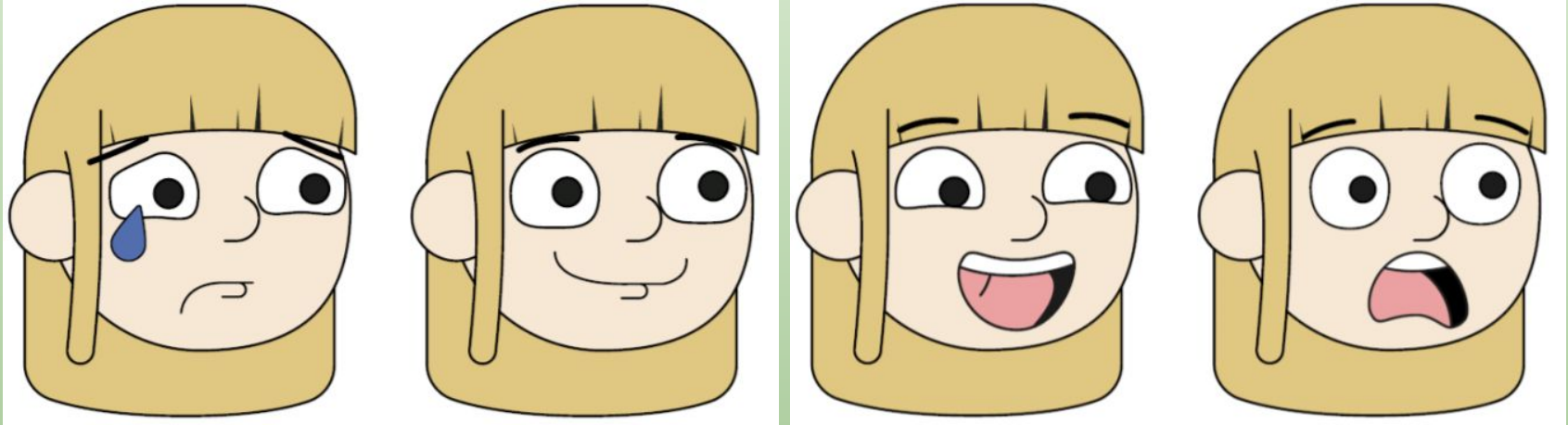
- Ask how Jessie felt when she watched the crocodile video.
- In the song, it says 'funny in your tummy'. This is because sometimes people get a funny feeling in their tummy when they are feeling worried, scared or sad about something.
- Talk about how you can sometimes tell how someone is feeling by looking at their facial expressions.

Show your child the 'Identifying Jessie's Feelings' pictures on the next page. Ask your child to look at the pictures of Jessie's face and tell you how she is feeling. Have a go at making some facial expressions together in the mirror! (Or using a selfie camera) You could make some expressions and ask your child to guess how you are feeling or have your child makes some faces for you to guess.

Ask your child to remind you who can help Jessie if she is feeling worried, scared or sad.

Remind them of the lyrics to the song. Make sure your child knows who they can talk to if anything ever worries or upsets them.

# Online Safety - Jessie's Feelings



**Scared**

**Sad**

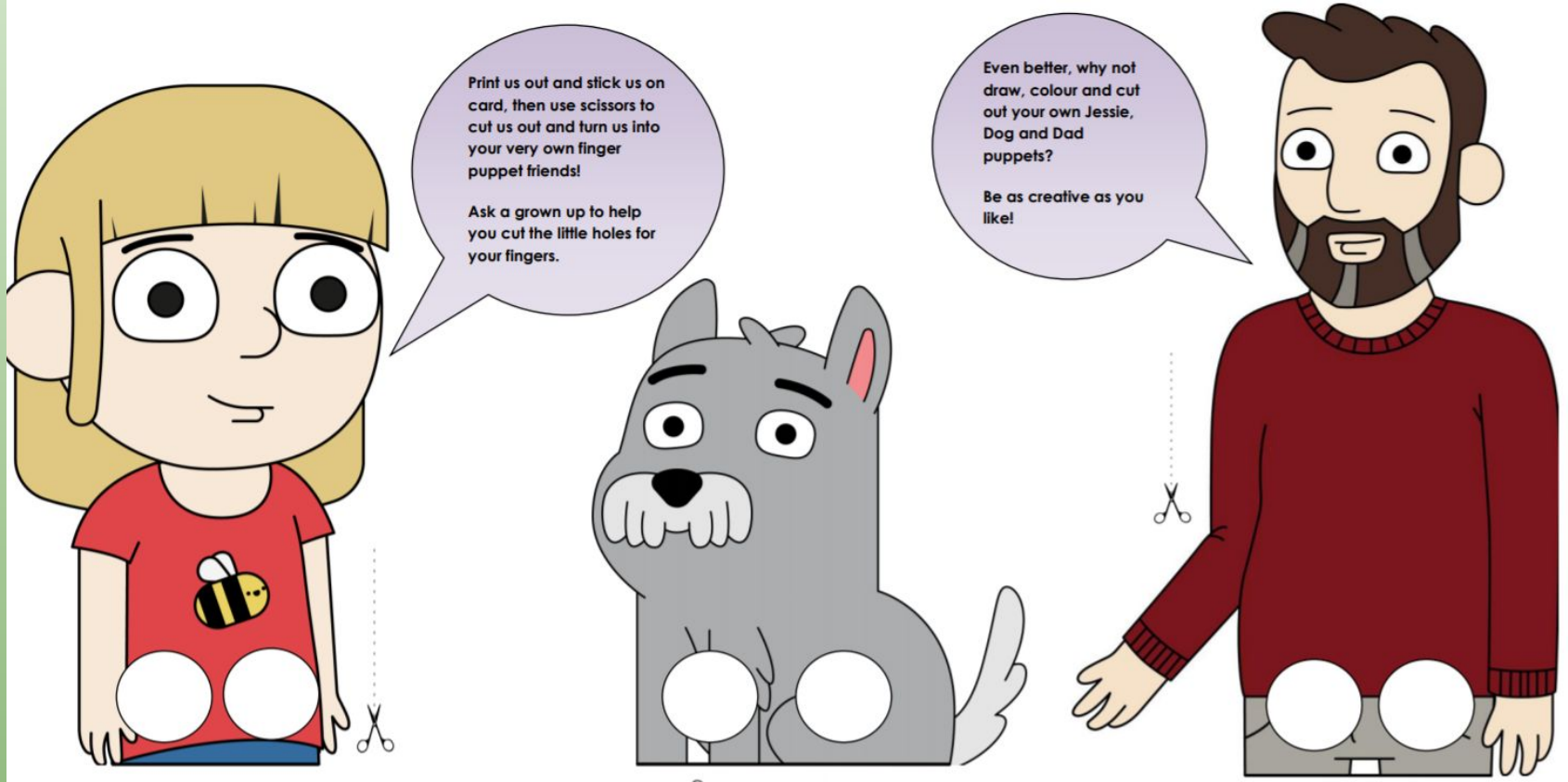
**Excited**

**Happy**



# Online Safety - Activity 3: Puppet Show

Either print and cut out the pictures, or draw your own characters to put on a puppet show based on what they have learned about staying safe online. Encourage them to include Jessie's key message - if something online makes them feel worried, sad or scared they can always talk to a grown-up they trust.



# Online Safety - Activity 4: Perform a Dance Routine

Re-watch the song on the Jessie & Friends cartoon,  
Episode 1 at [www.thinkuknow.co.uk/parents/jessie-and-friends-videos/](http://www.thinkuknow.co.uk/parents/jessie-and-friends-videos/)

Ask your child to create and practice their own dance routine based on 'The Funny Tummy song'. You could send a video to your class teacher on Seesaw

If your child would like to they could perform the dance for others in their family, face-to-face or on video chat, with your support!

